



Cold Sandwiches

Granary or White Artisan Roll, Small Salad & Homemade Slaw

Cheddar Local Chutney v	£5.95
Tuna Red Onion, Lemon Mayo gf+ v	£6.50
Free Range Egg Mayonnaise gf+ v	£5.50
BLT Bacon, Lettuce, Tomato	£6.50

Hot Sandwiches

Granary or White Artisan Roll

Cod Fingers Tartar Sauce	£7.95
Bacon & Brie Cranberry Sauce	£6.95
Falafel Patty Rocket, Mango Chutney v	£6.95
Cartmel Valley Sausage Gravy, Chips	£6.95

Add a cup of Soup + £2.00

Served 12pm - 4pm

Starters

Bread & Oils v	
Aged balsamic, Extra Virgin Olive Oil, Nocellara Olives, Smoked butter	£4.95
Soup of the Day gf+ v	£5.95
Bruschetta Classica v+	
Chopped Beef Tomatoes, Red Onion, Basil, Olive Oil	£5.95
Calamari Fritti with Garlic Mayo	£7.50
Prawn & Avocado Salad	
Iceberg Lettuce, Seafood Mayonnaise, Artisan Bread	£7.50
Baked Camembert to Share	
Cranberry Sauce, Rustic Bread	*£12.95

Pub Classics

Pie of the Day	
Chips or Mash, Savoy Cabbage	£12.95
Whitby Breaded Scampi	
Chips, Mushy Peas, Tartare Sauce	£12.95
Trio of Cartmel Valley Sausages	
Mash and Onion Gravy	£14.95
Yewdale's Fish & Chips	
Mushy Peas, Tartare Sauce	£13.95
8oz Beef Burger	
Rocket, Tomato, Pickles, Emmenthal Cheese, Onion, Hand Cut Chips	£13.95
Moving Mountains Vegan Burger v+	
Artisan Bakery Vegan Roll, Vegan Cheddar, Tomato, Roast Field Mushroom, Beetroot Relish, Hand Cut Chips	£13.95
Half Jerk Chicken	
Coleslaw, Hand Cut Chips, Salad	£14.95

Sides

All £3.95

Onion Rings
Hand Cut Chips
Halloumi Fries
with Sweet Chilli Dip
Buttered Savoy Cabbage

Sunday Roast

With all the trimmings
£13.95

Served Sunday only

Early Bird Offer

2 Courses £15.95

excludes asterixed items

Monday to Friday 4-6pm



Pasta

Penne Arrabbiata v+	Dry Chilli, Fresh Chilli, Garlic, Tomato Sauce	£9.95
Spaghetti alla Carbonara	Pancetta, Pecorino, Cream, Eggs	£12.95
Classic Lasagna		£11.95
Risotto of the Day		£11.95
Penne Con Pollo	Chicken Breast, Spinach, Cream, Parmesan Shavings	£11.95
Spaghetti Alla Puttanesca	Tuna, Anchovies, Black Olives, Capers, Tomatoes, Garlic, Extra Virgin Olive Oil	£12.95
Fresh Tagliatelle alla Bolognese		£11.95

Pizza

Our Pizzas are 12"
& made with
San Marzano Tomatoes

All available as
Vegan & Dairy Free

Margherita v	Tomato, Mozzarella, Basil	£9.95
Marinara v	Tomato, Garlic, Anchovies, Black Olives, Oregano	£9.95
Pollo n	Tomato, Chicken, Sweet Roast Peppers, Pine Nuts, Mozzarella	£11.95
Tonno	Tomato, Tuna, Red Onion, Chilli, Black Olives, Mozzarella	£10.95
Capriciosa v	Tomato, Mushrooms, Artichokes, Black Olives, Mozzarella	£10.50
Tris	Tomato, Salami Napoli, Salami Milano, Salami Spinata, Chilli, Mozzarella	£10.95
Di Parma	Tomato, Cherry Tomato, Parma Ham, Fresh Rocket, Parmesan Shavings	£11.95
4 Formaggi (White) v	Provolone, Mozzarella, Gorgonzola, Pecorino	£10.50
Ortolana v	Tomato Sweet Roast Peppers, Artichokes, Sun-Dried Tomatoes, Mozzarella	£10.95
Prosciutto E Funghi	Tomato, Ham, Mushrooms, Mozzarella	£10.95
Capra v	Tomato, Goat's Cheese, Sun-Dried Tomato, Fresh Rocket	£10.95
Pete's Pizza	The Hot One... as hot as you dare Hot 🌶️ Very Hot 🌶️🌶️ Glen Hot 🌶️🌶️🌶️	
	Tomato, Beef, Bacon, Fresh Chilli, Salami, Mozzarella	£10.95

n May contain Nuts v Vegetarian v+ Vegan gf+ Gluten Free

Some of our menu items may contain nuts, seafood or other allergens. Please speak to a member of the team for detailed information when placing your order. All Prices Inclusive of VAT.